RESERVOIR NEIGHBOURHOOD HOUSE

Semester 2

2021

PROGRAM TIMETABLE

www.reservoirnh.org.au

Welcome to RNH

OPEN:9AM-5:00PM
MONDAY TO THURSDAY
(EXCLUDING SCHOOL HOLIDAYS & PUBLIC HOLIDAYS)

Phone: (03) 9462 4611
www.reservoirnh.org.au

Email:
admin@reservoirnh.org.au
Make a booking at:
bookings@reservoirnh.org,au

BIRDS AND BEANS CAFE
OPEN 9-1PM
MON- THURS

WINTER WARMERS COMMUNITY LUNCH

2nd Tuesday of the month 12-1pm : 13th July, 10th August, 14th September

Come and join us for our free monthly community lunch at Reservoir Neighbourhood House. This is a great opportunity to eat a healthy soup or tasty lunch, share your stories and find out about what services are available to help you in YOUR Neighbourhood House.

Community Groups

@RESERVOIR NEIGHBOURHOOD HOUSE

ART LOUNGE

Wednesday: 9:30am-12pm

Share your skills and learn new things from others in a sociable atmosphere. Bring your own project or create a new one with other community members. A great time to meet new people in your community.

Cost: free

COOKING CLASS

Every fortnight Thursday: 2pm-4pm : 15th July, 29th July, 12th Aug, 26th Aug

Want to learn some new kitchen skills, or need some fresh meal ideas? Come and join our cooking class to learn and taste some healthy options for you to try at home.

Cost: $5 for ingriedients

GARDENING GROUP

Wednesday: 10am-11am

Join this friendly social garden group. Do a spot of weeding, planting, trimming, etc. Learn new things and share your garden knowledge.

Cost: free

COMPUTER CLASS FOR BEGINNERS

Thursday: 9:30am-11am

Struggling to use and enjoy technology?
From beginners to the more experienced, come and develop your computer skills. This class is free. Get confident using internet, email and Microsoft Office.

Cost: free

Community Groups

@RESERVOIR NEIGHBOURHOOD HOUSE

OPEN PLAY GROUP

Mondays: 10am-12pm

Organised and run by community members for community families. Come and meet local parents and enjoy utilising our space and fantastic outdoor playground.
Cost: gold coin donation

THE LAB NETWORK

The Lab Reservoir
2 hour Session on Saturdays

An innovative technology club for young people with high functioning autism, run by RNH as part of The Lab Network.
To be involved in this program, please contact:
thelab.org.au
bookings@reservoirnh.org.au
9462 4611

THE LAB
TECH GAMES FUN

BIRDS&BEANS CAFE OPENING HOURS:

MON - THURS 9AM- 1PM

Concession Prices Available

Birds&Beans CAFE

Services & Support

@RESERVOIR NEIGHBOURHOOD HOUSE

MYTIME GROUP

Fortnightly Thursday : 9.45am-12.15pm

MyTime groups are for parents and carers of a child with a disability, developmental delay or chronic medical illness. a FREE service where you can socialise and share ideas with others who understand caring for a child with additional needs

Cost: FREE
Contact: whittlesea.mytime@outlook.com

MyTime PROVIDER

ASPERGERS VIC NORTHERN PARENTS SUPPORT GROUP

4th Tuesday of each month 7-9pm
Contact: Lisa 0430 724 910

EAST RESERVOIR COMMUNITY GARDEN

Wednsdays: 1pm- 3pm

The garden is a program of RNH, with annual plots and communal gardening available. Open to the public every Wednesday.
Contact: 9462 4611

Activities for Women

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WOMENS CRAFT CIRCLE

Wednesday: 1-3:00pm

Come and join Rachel, the organiser and facilitator of this lovely group, and get to know other women in your neighbourhood while doing your own craft project or starting something new.

Cost: gold coin donation

WEEK OF WOMEN PLANNING GROUP

Mondays: 1-3:00pm
Starts Weekly on Monday 2nd August for 5 weeks

The first week of September is our Week of Women and we need your help in planning what activities you would like to see.
Join Lia every Monday from the 2nd of August and be part of the team making the decisions.

Cost: Free

WEEK OF WOMEN ACTIVITIES

Starts Monday 6th September

Activites and timetable to be announced

VICTORIAN IMMIGRANT & REFUGEE COALITION WOMENS CIRCLE

Thursday: 1--3:00pm

A social support group for women from a refugee or migrant background. A place for women to meet, talk, laugh and share their stories together

Cost: Free

Relief Programs

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REFERRAL SERVICE

RNH has links with different local organisations which provide support to our community. If you are needing to be linked in with a service, please contact us on 9462 4611 or drop in.

PERSONAL CARE

RNH has showers and all provisions available. For more information please call us on 9462 4611.

FREE COMMUNITY DINNER

EVERY THURSDAY 7PM

A free dinner served by the Manna4life at Reservoir Neighbourhood House.
Every Thursday evening at 7pm.
No Booking required , just drop in.

ORANGE SKY LAUNDRY

COMING SOON!

Free Mobile Laundry. Come and do your laundry for free in Orange Skys Laundry Van.

FOOD RELIEF

RNH has a food relief program in place. We have free bread coming in on various days of the week. We also have some fruit and vegetables as well. There is frozen food and dry goods available for those in need. Please bring a bag or a box to carry the food. Feel free to donate to our community pantry, outside our front door.

All we ask is that you only take what you need.

RESERVOIR NEIGHBOURHOOD HOUSE

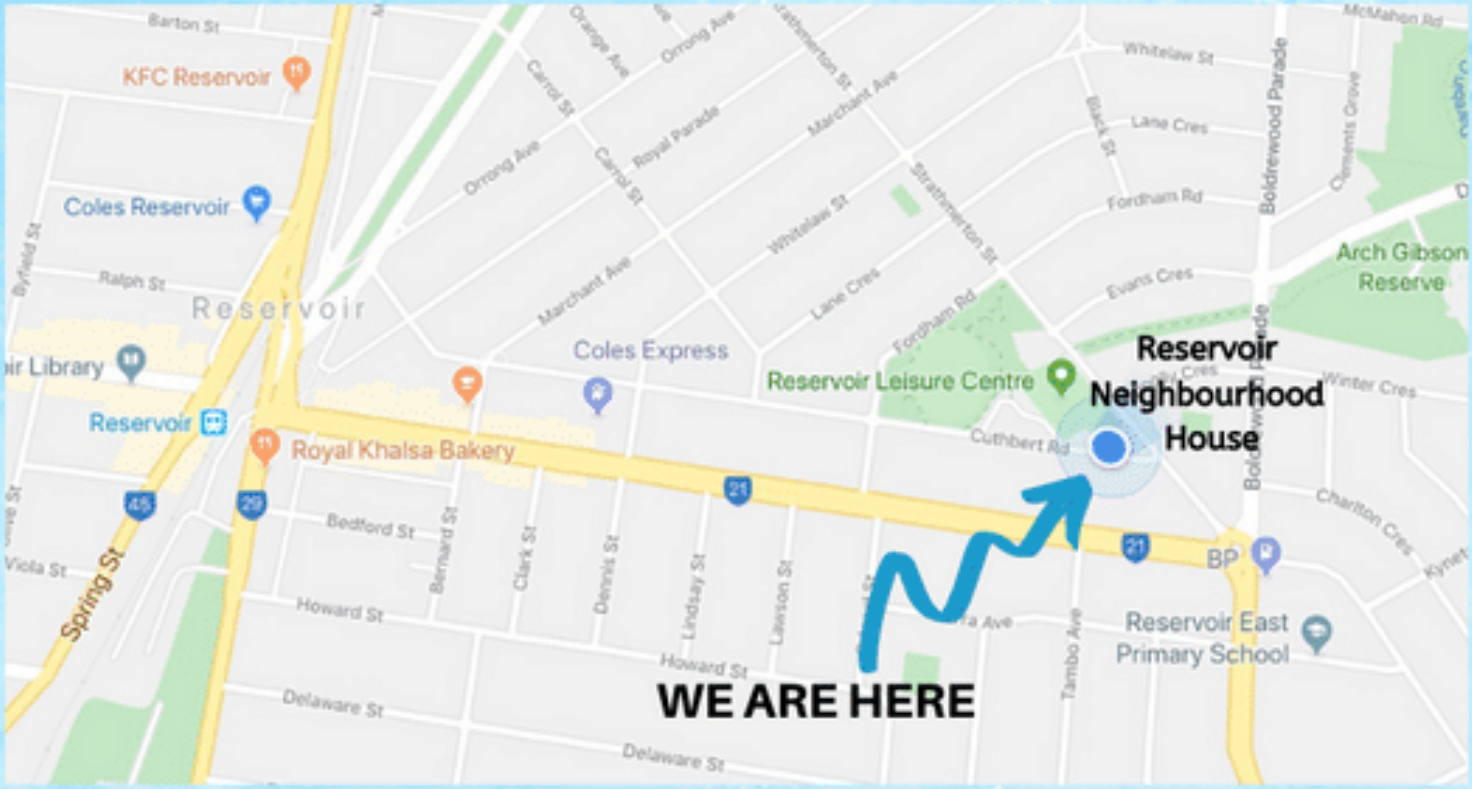
LOOKING FOR SUPPORT

We know a range of support options available including where to find emergency relief, take a shower, how to contact and find housing support, financial and wellbeing counsellors, health services, how to access NILS (No Interest Loans) and many other services to support you on your journey.

Scan QR code for more information >

Hold smartphone camera or QR code reader over the code, and scan or photograph for more details about RNH support and services.

Finding Reservoir Neighbourhood House is easy. Check out the map below. We are located next to Reservoir Leisure Centre.



Want to hire a room?

Contact Kate at bookings@reservoirnh.org.au to book a room. You can make a booking for any time or day, and choose from a variety of rooms and facilities, including the party room and kitchen.

2B Cuthbert Road, Reservoir 3073
Email: admin@reservoirnh.org.au

Phone: 9462 4611
www.reservoirnh.org.au

1) Using your smartphone camera, photograph the QR code on the left to view RNH Facebook page, for more information and latest updates.

www.facebook.com/reservoir-neighbourhood-house