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| |  | | --- | | http://www.erjcchouston.org/clientuploads/Photos/Fitness_Center/fitness_dance_zumba%20med%20275x296.jpg | | Wednesdays  Fitness and fruit 11:00am till 1:00 pm Come to our community center and join in our safe, all access group for some fun, fitness and gentle exercise.  Please bring a towel/yoga mat, water bottle and sense of fun! Instructor: Samantha  Run R | |  | |  | |  | | --- | | The Girl’s ClubJoin the funKeep FitMeet new peopleStarts 17th August, 2016 for 8 weeks | |  | | Reservoir neighbourhood house 2b Cuthbert Rd Reservoir  www.reservoirnh.org.au  9462 4611 | |