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| http://www.erjcchouston.org/clientuploads/Photos/Fitness_Center/fitness_dance_zumba%20med%20275x296.jpg |
| WednesdaysFitness and fruit11:00am till 1:00 pmCome to our community center and join in our safe, all access group for some fun, fitness and gentle exercise. Please bring a towel/yoga mat, water bottle and sense of fun! Instructor: SamanthaRun R  |
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| The Girl’s ClubJoin the funKeep FitMeet new people Starts 17th August, 2016 for 8 weeks |
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| Reservoir neighbourhood house 2b Cuthbert Rd Reservoirwww.reservoirnh.org.au9462 4611 |

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